

The image displays a series of horizontal lines for handwriting practice. The top section includes a legend with four labels: 'Kopflinie' (top solid line), 'Mittellinie' (dotted line), 'Grundlinie' (bottom solid line), and 'Unterlänge' (space below the bottom solid line). Below this legend are ten sets of identical four-line guides, each consisting of a top solid line, a middle dotted line, a bottom solid line, and the space below the bottom solid line.